

***** KEEP THESE LUNCH PROGRAM PAGES IN A SAFE PLACE ALL YEAR & USE FOLLOWING THESE LUNCH PROGRAMS GUIDELINES TO RECEIVE MEALS*****

September thru December MONTHLY ORDER FORMS AND 1ST HALF CYCLE MENU
ORDER FORM DUE DATES LETTER THRU APRIL 2024

Welcome back everyone for the 2023/2024 school year. Please take a few moments to review this letter for some changes that will affect your families monthly ordering.

The cost of lunch that includes a milk is \$3.00, a **** Reduced lunch is \$.00****, (see note below) purchasing Milk only \$.50. All lunch/milk prices are listed on your child's monthly order form.

****NOTE****Students will continue to be approved through the application process, and meals will continue to be counted as Reduced Price benefit level, but the signed Ohio Budget bill includes a provision for the State to cover the cost for the reduced price for breakfast and lunch this school year.

Regardless of your students payment status FULL PAY, REDUCED PAY, OR FREE, A COMPLETED ORDER FORM IS REQUIRED TO BE TURNED IN for each student MONTHLY TO RECEIVE A MEAL.

Return September now and keep the next 3 months on hand for ordering at the appropriate times.

Checks are to be made payable to **DOC-NUTRITION SERVICES**. **If you pay by cash, you will need to send in the exact amount.** You can combine all siblings monthly order forms and the payment on one check. You are responsible for keeping track of any credits due to absences-Make a note of it on the following months order form under grand total and subtract.

COMPLETING THE ORDER FORM - Remember milk comes with a lunch and if you are a Free or reduced family this year your child cannot just order milk only, you will then have to pay \$.50 per milk.

Enter the students name, Grade, and Room # or teacher's name.
Sign – Parent Signature area

Place only one symbol per day for ordering or leave blank for nothing: L = LUNCH M = Milk only
Count all the "L" and enter that number in the right-side corner box of the form, on the first line.

Enter the lunch cost for your family on line 2, \$3.00 or \$.00.
Multiply the number of days by the cost to get the Total Lunch Cost and enter that amount on line 3.

If your child is only going to get lunches and no milk only days, then enter line 3 amount on line 7 Grand Total. Go on now to make payment, if you have some "M" to count go onto next instructions.

Count all the "M" and enter that number in the right-side corner box of the form, on line 4.
Enter the cost for MILK ONLY as \$.50 on line 5.
Multiply the number of days by \$.50 to get the Total Milk Only Cost, enter that on line 6.

Add together the Total Lunch Cost and the Total Milk Only Cost to get your Grand Total, enter that on line 7. Go on now to make payment and return to the school by deadline day.

Monthly Lunch/Milk Order Form

Student Name: _____

Room: _____

Grade: _____

Parent Signature: _____

If writing a check, please make payable to: DOC Nutrition Services

# of Days Lunch Desired (Milk included with lunch) →	
Multiplied by Lunch Cost Paid \$3.00, Reduced 0.40¢ or Free	
Total Lunch Cost	
# of Days Milk Only Desired	
Multiplied by Milk Cost 50¢	
Total Milk Cost	
Grand Total (Lunch plus Milk)	

Please place only one symbol per day:

- ✓ = Top Main Item
- A = Alternate Main Item
- M = Milk only (milk is included with the main and alternate lunch choices)

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				Yellow 1
4 <div style="background-color: black; color: white; padding: 2px; font-weight: bold;">LABOR DAY</div>	Orange 5	6	7	8
Blue 11	12	13	14	15
Green 18	19	20	21	22
Yellow 25	26	27	28	29

This institution is an equal opportunity provider

Lunch Includes:

- *Main or Alternate Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk

Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



Price per lunch:
\$3.00

If writing a check,
please make
payable to:
DOC Nutrition
Services

LUNCH Menu Correspond the cycle week to the color-coordinated calendar below. **August-December 2023**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pepperoni Pizza <i>or A) Chicken Nuggets with a Roll</i> Seasoned Potato Wedges Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheddar Cheese over Tostitos Chips, with optional Black Beans & Salsa) <i>or A) Corn Dog</i> Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	Meatball Sub <i>or) Popcorn Chicken with Breadstick</i> French Fries Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders <i>or A) Hamburger or Cheeseburger on a Bun</i> Broccoli <i>or</i> Tossed Garden Salad Fruit Cup Cookie Treat!	Mozzarella Sticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Carrots Applesauce <i>or</i> Seasonal Fresh Fruit
2	Cheese Quesadilla with Salsa <i>or A) Chicken Nuggets with a Roll</i> Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast <i>or A) Mini Corn Dogs</i> Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Meatballs, in Gravy and a Breadstick <i>or A) Chicken Patty on a Bun</i> Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Drumstick with a Roll <i>or A) Hamburger or Cheeseburger on a Bun</i> Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Grilled Cheese Sandwich <i>or A) Cheese Pizza with Dipping Sauce</i> Carrot Sticks with Dip Peaches <i>or</i> Seasonal Fresh Fruit
3	Pepperoni Pizza <i>or A) Chicken Nuggets with a Roll</i> Carrots Pears <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat, Cheddar Cheese, Tostitos Chips) <i>or A) Corn Dog</i> Black Bean and Corn Salsa <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup <i>or A) Popcorn Chicken with Breadstick</i> Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders and a Pretzel Rod <i>or A) Hamburger or Cheeseburger on a Bun</i> Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Applesauce <i>or</i> Seasonal Fresh Fruit
4	Fiestada Pizza <i>or A) Chicken Nuggets with a Roll</i> Baked Beans Peaches <i>or</i> Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce <i>or A) Mini Corn Dogs</i> Carrots <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Riblet and a Breadstick <i>or A) Chicken Patty on a Bun</i> Mashed Potatoes Applesauce <i>or</i> Seasonal Fresh Fruit	Popcorn Chicken with a Breadstick <i>or A) Hamburger or Cheeseburger on a Bun</i> Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Mac & Cheese with a Pretzel Rod <i>or A) Cheese Pizza with Dipping Sauce</i> Green Beans Fruit Cup <i>or</i> Seasonal Fresh Fruit



Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch. Substitutions of items may be necessary.

This institution is an equal opportunity provider.



August 2023

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan