

X  
X

# Monthly Lunch/Milk Order Form

Student Name: \_\_\_\_\_

Room: \_\_\_\_\_

Grade: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**If writing a check, please make payable to: DOC Nutrition Services**

# of Days Lunch Desired <small>(Milk included with lunch) ⇨</small>	
Multiplied by Lunch Cost <small>Paid \$3.00, Reduced 0.40¢ or Free</small>	
Total Lunch Cost	
# of Days Milk Only Desired	
Multiplied by Milk Cost <small>50¢</small>	
Total Milk Cost	
Grand Total <small>(Lunch plus Milk)</small>	

**Please place only one symbol per day:**

- ✓ = Top Main Item
- A = Alternate Main Item
- M = Milk only (milk is included with the main and alternate lunch choices)

## March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		Orange 1	2	3
Blue 6	7	8	9	10 
Green 13	14	15	16	17 
Yellow 20	21	22	23	24
Orange 27	28	29	30	31

This institution is an equal opportunity provider

**Lunch Includes:**

- \*Main or Alternate Item
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk

Catholic Diocese of Cleveland

**Nutrition Services**

Nourishing Tomorrow, Today



Price per lunch:  
\$3.00

If writing a check,  
please make  
payable to:  
DOC Nutrition  
Services

**LUNCH Menu**

Correspond the cycle week to the color-coordinated calendar below.

**January-May 2023**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Pepperoni Pizza <i>or A) Chicken Nuggets with a Roll</i>  Seasoned Potato Wedges Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Beef Nachos (Taco Meat & Cheese Sauce over Tostitos Chips, with optional Black Beans & Salsa)  <i>or A) Corn Dog</i>  Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	Meatball Sub  <i>or ) Popcorn Chicken with Breadstick</i>  French Fries Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Tenders  <i>or A) Hamburger or Cheeseburger on a Bun</i>  Broccoli with Cheese <i>or</i> Tossed Garden Salad Fruit Cup  Cookie Treat!	Mozzarella Sticks with Dipping Sauce  <i>or A) Cheese Pizza with Dipping Sauce</i>  Carrots Pears <i>or</i> Seasonal Fresh Fruit
<b>2</b>	Cheese Quesadilla with Salsa  <i>or A) Chicken Nuggets with a Roll</i>  Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast  <i>or A) Mini Corn Dogs</i>  Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Swedish Meatballs, Gravy and a Breadstick  <i>or A) Chicken Patty on a Bun</i>  Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Drumstick with a Roll  <i>or A) Hamburger or Cheeseburger on a Bun</i>  Baked Beans <i>or</i> Tossed Garden Salad Sunshine Smoothie	Grilled Cheese Sandwich  <i>or A) Cheese Pizza with Dipping Sauce</i>  Carrot Sticks with Dip Peaches <i>or</i> Seasonal Fresh Fruit
<b>3</b>	Pepperoni Pizza  <i>or A) Chicken Nuggets with a Roll</i>  Carrots Pears <i>or</i> Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips, with optional Black Beans and Salsa)  <i>or A) Corn Dog</i>  Corn <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup  <i>or A) Popcorn Chicken with Breadstick</i>  Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders and a Pretzel Rod  <i>or A) Hamburger or Cheeseburger on a Bun</i>  Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce  <i>or A) Cheese Pizza with Dipping Sauce</i>  Green Beans Applesauce <i>or</i> Seasonal Fresh Fruit
<b>4</b>	Fiestada Pizza  <i>or A) Chicken Nuggets with a Roll</i>  Baked Beans Peaches <i>or</i> Seasonal Fresh Fruit	Mozzarella Sticks with Dipping Sauce  <i>or A) Mini Corn Dogs</i>  Carrots <i>or</i> Tossed Garden Salad Mixed Fruit  Cookie Treat!	Riblet and a Breadstick  <i>or A) Chicken Patty on a Bun</i>  Mashed Potatoes Applesauce <i>or</i> Seasonal Fresh Fruit	Popcorn Chicken with a Breadstick  <i>or A) Hamburger or Cheeseburger on a Bun</i>  Broccoli with Cheese <i>or</i> Tossed Garden Salad Mandarin Oranges	Mac & Cheese with a Pretzel Rod  <i>or A) Cheese Pizza with Dipping Sauce</i>  Green Beans Fruit Cup <i>or</i> Seasonal Fresh Fruit



Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

**This institution is an equal opportunity provider.**



January 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan